

Women Transitioning

through Separation or Divorce

A Teleclass from the comfort of your own home

Join us in the privacy of your own home...

- connect with other women journeying through separation or divorce
- learn from the experiences and wisdom of the group (both facilitator and participants)
- explore old beliefs and new possibilities in a supportive environment

We will explore these topics and more

- your beliefs about divorce
- the sadness & loss of your relationship
- anger and the fear of the unknown
- let go of the old dream, create space for a new dream
- connect to your core values – what is important as you move forward
- bring joy, happiness and confidence back into your life
- become clear on what you DO want instead of focusing on what you DON'T want
- create your plan for the future

This is a nine month Teleclass program: 60 minute, bi-weekly calls from September to May. Early Bird: \$87/month includes teleclass calls and 4 one-on-one coaching sessions; (Further discount applies if early bird paid in full) After August 31st: \$137/month

For more information, please email or call Edi at
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